

M Sound Words: Lists by Position, Typical Ages, and How to Practice at Home

M at the beginning of words

mom	milk	moon	me
mine	more	mud	mad
map	moo	mail	

M in the middle of words

hammer	tomato	swimming	camel
lemon	hamster	animal	summer
famous	coming	mommy	

M at the end of words

jam	swim	home	team
room	arm	drum	farm
time	gum	broom	

What's typical at each age?

Age	What's typical
15 to 18 months	M may be inconsistent or only appear in a few words like "mama." This is completely normal since the sound is still emerging for many toddlers this age.
2 years	M is usually starting to show up more reliably, though it may still slip in longer or newer words.
2.5 to 3 years	Most children have mastered M by now and use it consistently across words and positions.
3 years and older	M should be clear and consistent. If it's still consistently missing or replaced by another sound, it's worth a conversation with an SLP.