

Z Sound Words: Lists by Position, Typical Ages, and How to Practice at Home

Z at the beginning of words

zoo	zipper	zebra	zap
zero	zoom	zone	zigzag
zap	zit		

Z in the middle of words

lizard	puzzle	dizzy	fuzzy
busy	music	closet	present

Z at the end of words

buzz	fuzz	toys	cars
shoes	trees	bees	cheese
keys	eyes		

What age bands should I expect for other sounds?

Age band	Sounds most kids have by this age
2 to 3 years	p, b, m, d, n, h, t, k, g, w, ng, f, y
4 years	l, j, ch, s, v, sh, z
5 years	r, zh (like the "s" in measure), voiced th (like in "this")
6 years	voiceless th (like in "think")